ANXIETY

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

PHILIPPIANS 4:6–7 NIV livehim.com

ANXIETY

"Cast all your anxiety on him because he cares for you."

1 PETER 5:7 NIV livehim.com

ANXIETY

"You will keep in perfect peace those whose minds are steadfast, because they trust in you."

ISAIAH 26:3 NIV livehim.com

ANXIETY

"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

JOHN 14:27 NIV livehim.com

ANXIETY

"Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

MATTHEW 6:34 NIV livehim.com

ANXIETY

"When anxiety was great within me, your consolation brought me joy."

PSALM 94:19 NIV livehim.com

ANXIETY

"Cast your cares on the LORD and he will sustain you; he will never let the righteous be shaken."

PSALM 55:22 NIV livehim.com

ANXIETY

"Come to me, all you who are weary and burdened, and I will give you rest."

MATTHEW 11:28 NIV livehim.com

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FEAR

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

ISAIAH 41:10 NIV livehim.com

FEAR

"Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."

JOSHUA 1:9 NIV livehim.com

FEAR

"When I am afraid, I put my trust in you."

PSALM 56:3 NIV livehim.com

FEAR

"The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."

DEUTERONOMY 31:8 NIV livehim.com

FEAR

"For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."

2 TIMOTHY 1:7 NIV livehim.com

FEAR

"The LORD is my light and my salvation— whom shall I fear?"

PSALM 27:1 NIV livehim.com

FEAR

"God is our refuge and strength, an ever-present help in trouble."

PSALM 46:1 NIV livehim.com

FEAR

"I sought the LORD, and he answered me; he delivered me from all my fears."

PSALM 34:4 NIV livehim.com

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SLEEP

"In peace I will lie down and sleep, for you alone, LORD, make me dwell in safety."

PSALM 4:8 NIV livehim.com

SLEEP

"When you lie down, you will not be afraid; when you lie down, your sleep will be sweet."

PROVERBS 3:24 NIV livehim.com

SLEEP

"I lie down and sleep; I wake again, because the LORD sustains me."

PSALM 3:5 NIV livehim.com

SLEEP

"He will not let your foot slip— he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep."

PSALM 121:3-4 NIV livehim.com

SLEEP

"On my bed I remember you; I think of you through the watches of the night."

PSALM 63:6 NIV livehim.com

SLEEP

"Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty."

PSALM 91:1 NIV livehim.com

SLEEP

"Truly my soul finds rest in God; my salvation comes from him."

PSALM 62:1 NIV livehim.com

SLEEP

"Be still, and know that I am God."

PSALM 46:10a NIV livehim.com

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